



Allestree Health & Homecare Services

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## Contact Details

Telephone: (01332) 341127

Fax: (01332) 557661

Email: [info@allestreehealth-homecare.co.uk](mailto:info@allestreehealth-homecare.co.uk)

## Office Location:

The Old Fire Station

Darley Abbey Mills

Darley Abbey

Derby

DE22 1DZ

Office contact hours

Mon - Fri: 9.30AM - 4.00PM (answerphone after 4.00PM)



**Tel: (01332) 341127**

[www.allestreehealth-homecare.co.uk](http://www.allestreehealth-homecare.co.uk)



## Allestree Health and Homecare Services

Allestree Health and Homecare Services is a local care agency consisting of dedicated professionals with over 20 years experience in the care sector.

We are passionate about independence and respectful to your requirements. We take pride in our local knowledge which enables us to provide a high standard of care with the dedication of locally employed carers.

Our aim is to provide you with a home care package; tailored to your specification. We will respect your privacy, dignity and above all listen to you.

We aim to ensure continuity of care and will endeavour to provide a local friendly member of the care team to support you with your independence in the home.



### Care Services

Allestree Health & Homecare Services are able to offer a tailored care package aimed at supporting you in maintaining your independence. No matter how short or long we'll support you and your loved one with total dedication.

#### Personal Care

We will provide a tailored care package to suit your needs. This may include

- Support with going to and getting out of bed
- Washing and bathing using your preferred method
- Mouth Care/Denture Care
- Personal appearance
- Catheter /Stoma Care/ Continence needs
- Dressing and undressing
- Toileting requirements
- All other requirements not listed we will endeavour to accommodate

#### Support with daily tasks

- Meal preparation (Breakfast, Lunch & Dinner)
- Eating and drinking
- Medication prompts, collecting prescriptions
- Companionship, whether its just a chat or a trip to the local legion/hairdressers

- Support with attending hospital / Doctors / Dentist appointments
- Cleaning the home and laundry including ironing
- Bed making and changing.



### The Management Team

Allestree Health & Homecare Services is registered with the CQC (Care Quality Commission) and directly managed by Justine Carlier and complemented by the skills and expertise of Tracey Hibbert and Angela Douglas.

Justine is a local resident to Allestree and has over 20 years experience in the delivery of care and is passionate about delivering a high quality personal service primarily to the service users of Allestree, Darley Abbey, Duffield & Quarndon.

### The Carers

Our team of carers are qualified to a minimum of NVQ/Diploma in Health and Social Care Level 2 or completely experienced in the provision of care to service users. Our carers are carefully chosen following a comprehensive recruitment process.

Our Carers have a Full Enhanced Disclosure from the Criminal records Bureau prior to employment with Allestree Health & Homecare Services and undertake an Induction program followed by regular training updates in order to deliver the highest standard of care.

Our Carers will be personally introduced to you prior to any care package commencing and will be distinctly dressed in a full uniform with an identification badge.

If you would like to talk to us about any of our services please feel free to contact us using the contact page, or the numbers listed below and we will endeavour to answer all queries.